

C. G. Jung Foundation of Ontario  
PUBLIC EDUCATION PROGRAMME  
2019–2020

**2019**

Wed. Sep. 25, Oct. 30, Nov. 27, Jan. 29, Feb. 26, Mar. 25

7-9 p.m.

***Conversations on the Journey***

**Margaret Meredith**

This reading and discussion group for members of the Jung Foundation continues with *Man and his Symbols*. The first meeting will look at the section “Beauty and the Beast” (p. 137).

8 participants only. Register by Phone

Board Room, Bloor Street United Church, 300 Bloor St. (at Huron)

**MEMBERS: \$120 IN ADVANCE**

**NON MEMBERS: \$120 IN ADVANCE**

**due by/at the first session. must register for the series.**

**Register in advance by phone: C.G. Jung Ontario Office ( 416) 961- 9767**

Sat. Sep. 28, Oct. 26, Nov. 16, Dec. 7

10 a.m.-noon

***Working with Dreams***

**Graham Jackson**

We will consider Jung’s theories of dream interpretation as we look at actual dreams. The compensatory nature of dreams, their symbolic content, common dream images, and questions from participants will be considered.

Board Room, Arts and Letters Club, 14 Elm St.

**MEMBERS: \$20:00 IN ADVANCE OR AT THE DOOR**

**NON MEMBERS: \$20.00 IN ADVANCE; \$25.00 AT THE DOOR**

Sat. Nov. 9

10 a.m.-12.30 p.m.

***Active Imagination***

**Roger Larade**

A seminar exploring Jung’s theory of active imagination, one of his major contributions to the therapeutic world, an extraordinary approach to working with unconscious material in a waking state.

Recommended reading: Jung, “Confrontation with the Unconscious” in *Memories, Dreams, Reflections*; Barbara Hannah, *Encounters with the Soul: Active Imagination as developed by C.G. Jung*

Lamps Room, Arts and Letters Club, 14 Elm St.

**MEMBERS: \$25 IN ADVANCE OR AT THE DOOR**

**NON MEMBERS: \$25 IN ADVANCE; \$30 AT THE DOOR**

Fri., Dec. 6

7-9.30 p.m.

***Depth Psychology, Suicide, Society and the Soul. The Role of Art Therapies and the Humanities in Trauma: A Jungian Perspective***

**Christopher Wilkes, M.D.**

The WHO Mental Health Action Plan 2013-2020 highlights that the global burden of disease for mental health and substance use disorders is 13% and costs about 16 billion US dollars annually. Depression accounts for 4% of this burden and is responsible for the largest cause of disability worldwide. In Canada despite a huge increase in anti-depressant use, there is no evidence that the impact of depression is decreasing. So there is an urgent need to better access for psychological treatments.

But as we live in a busy, extroverted thinking world, most of our interventions for depression are cognitively based talking therapies, CBT, IPT and groups. This minimizes the fact that we are individuals

who think, feel, experience bodily sensations and have intuition. Consequently we minimize the contribution of the arts and the humanities. So how do we bring the magical world of childhood into adulthood or how do we live a symbolic life?

Art work, myths and religion link the world of the ego with the world of the transpersonal, numinous experience of the self. C.G. Jung's partial answer to exploring this connection was to hold the tension between the opposites as this will lead to a symbol, 'a living third thing' which is intermediate between the mystery of life and the ego's life struggles. In this lecture, we'll consider Jung's approach to depth psychology, which promotes our indwelling by reconnecting body with mental imagery and the aspects of experience that give us a subjective sense of connection with both aliveness and meaning.

Board Room, Arts and Letters Club, 14 Elm St.

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**NON MEMBERS: \$25 IN ADVANCE; \$30 AT THE DOOR**

## 2020

Sat. Jan. 12, Feb. 8, Mar. 14, Apr. 4, May 9

10 a.m.-12.30 p.m.

Sun. Apr. 5

10 a.m.-12.30 p.m.

### ***The Basic Principles of Analytical Psychology***

Six seminars in which we will review Jung's revolutionary views of psychic functioning:

1. *The Structure of the Psyche and Complex Theory* Sat. Jan. 11 Robert Black
2. *Ego, Persona and Shadow* Sat. Feb. 8 Robert Black
3. ~~*Typology* Sat. Mar. 14~~ **CANCELLED** Mary Tomlinson
4. *Anima* Sat Apr. 4 Graham Jackson
5. *Animus* Sun. Apr. 5 Elisabeth Pomès
6. *Self and Individuation* Sat May 9 Jean Connon Unda

Board Room, Arts and Letters Club, 14 Elm St.

MEMBERS: \$25 IN ADVANCE OR AT THE DOOR

NON MEMBERS: \$25 IN ADVANCE; \$30 AT THE DOOR

Sat. Mar. 7

2-5 p.m.

### ***Individuation and the Kiss of Awakening*** **CANCELLED** Elvira Miletic

~~In 2012, director Rupert Saunders released a film entitled *Snow White and the Huntsmen*. It was a fantasy film based on the original fairy tale, *Snow White*, collected by the Brothers Grimm over a hundred years earlier.~~

~~It's a long and difficult journey toward individuation. On the road to the awakening kiss and consciousness, Snow White undergoes many trials including the demonic power of her stepmother. The tale demonstrates psyche's capacity to transcend intra-psychic conflicts through the compensatory function of the unconscious. The symbolism of the kiss will be examined, and how "the approach of true love [is marked] by a kiss that awakens the soul, rather than kindles sexual libido," (CW9, 44). Themes of suffering, the dark mother, and the symbols of death and rebirth will form part of our discussion, as will Winnicott's ideas of true and false self.~~

~~Seminar requirements: Please watch the Saunders film prior to the seminar and bring along any poetry, piece of art or other film references that the film brings up for you. Board Room, Arts and Letters Club, 14 Elm St.~~

~~MEMBERS: \$30.00 IN ADVANCE OR AT THE DOOR~~ **CANCELLED**

~~NON MEMBERS: \$30.00 IN ADVANCE; \$35.00 AT THE DOOR~~

Fri. Apr. 24

**POSTPONED TO THE FALL**

7-9 p.m.,

### ***Eros, Desire, Deception, and Sacral/Profane Marriage*** Boshira Toomey

Greek mythopoetic narratives understood marriage, separation, and sexual relations through "psychic energy" (Jung) and *enantiodromia*. Relationship will be examined through Artemis, Mistress of the Margins and border zones, Same/Other (Jean Pierre Vernant), alterity or *coniunctio* (Jean Baudrillard), liminal space, and sacral/profane reality. "What then is the relationship between chaste Artemis, the rude enemy of marriage and sexuality? (Vernant)."

Artemis culturally socialized girls via rituals and education. Careful nurturance of normal pubescent wildness "brings them to the threshold of marriage where sexual union is accomplished in its most 'cultivated' form" (Vernant). Artemis delivers the girls to the *other* side- to the "territory of the same," steering the marginal and peculiar into consecrated civic space, marriage responsibility, and socially integrating the "stranger."

Artemis assumes a pre-emptive approach to Aphrodite, who after the exchange of matrimonial vows disrupts marriage/family eros by provoking indulgent passions. Sacrosanct marriage and fidelity (Artemis) will find its shadow in a literary French female figure and her psychological plunge into madness (Dionysus), erotic madness (Aphrodite), paranoia, and derealisation.

Board Room, Arts and Letters Club, 14 Elm St.

MEMBERS: \$20 IN ADVANCE OR AT THE DOOR

NON MEMBERS: \$20 IN ADVANCE; \$25.00 AT THE DOOR **POSTPONED TO THE FALL**

~~Sat. Apr. 25~~

**POSTPONED TO THE FALL**

10 a.m.-12.30 p.m.

**Living the Symbolic Life**

**Mary Tomlinson**

"With the birth of the symbol, the regression of the libido into the unconscious ceases... the blockage starts to flow again." (Jung: *Collected Works* 6, p. 445)

Jung's concept of 'symbol' lies throughout his *Collected Works*. It is the core component of his 'transcendent function', a dynamic which brings about true change within us, via the messaging off the unconscious. Symbol is what happens to us at the crossroads, and we can either heed or repress its pull; we can either accept the numinous into our lives, or we can choose the safe patterns that have always kept us on the straight and narrow. This seminar is about discovering what's important to us in our unique existence and by extension the fundamental nature of identity.

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Sun. Jun. 7

12.30-4 p.m.

**Desperately Seeking Susan: A Search For The Authentic Self.**

**Stacey Jenkins**

We will discuss Susan Seidelman's movie of a woman who shrugs off the shackles of a conventional, ill-fitting persona to discover who she really is.

In her hunger for a more authentic life, Roberta becomes fascinated with Susan, a free-spirited woman who lives an unscripted life. Roberta shadows Susan, eventually wearing her clothes and moving into her life.

This movie will initiate a discussion of the positive Shadow. Can our personal Shadow contain rejected but necessary parts of ourselves that we can integrate in order to live more authentically?

Board Room, Arts and Letters Club, 14 Elm St.

FREE FOR A LIMITED NUMBER OF PARTICIPANTS

**Will be offered online via group video conferencing. Details to come by email after you register**

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Mon. Oct. 7, Nov. 4, Dec. 2, Feb. 3, Mar. 2, Apr. 6

6.30-8 p.m.

**Jung and Spirituality Group**

**Schuyler Brown & Margaret Meredith**

Reading and discussion of Jung's *Red Book* continues.

**No new participants accepted at this time.**

15 Walmer Rd., Suite 807

**CLOSED**