



WELCOME



Public Programme 2020-2021

All lectures and seminars offered during 2020 will be [conducted online](#).

We hope to be able to return to The Arts and Letters Club in Fall 2021. However, this will be guided by any Covid-19 related developments, government requirements, as well as prevailing policies at the Arts & Letters Club.

We will update our website and our programme in early summer 2021 with further news and details, including safety procedures and social-distancing protocols for in-person seminars when these are offered once again..

- 2020: [September](#) | [November](#)
- 2021: [January](#) | [February](#) | [March](#) | [April](#) | [May](#)
- Archive of past Public Programmes:
 - [2019-2020](#) | [2018-2019](#) | [2017-2018](#) | [2016-2017](#) | [2015-2016](#) | [2014-2015](#) | [2013-2014](#) | [2012-2013](#) | [2011-2012](#) | [2010-2011](#) | [2009-2010](#) | [2008-2009](#) | [2007-2008](#) | [2006-2007](#) | [2005-2006](#) | [2004-2005](#) | [2003-2004](#) | [2002-2003](#)
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2020

Lecture	Jeff Kiehl
<i>A Jungian Perspective on Climate Change</i>	
Fri. Sep. 25	7-9pm
Online via Zoom . Limited to 100 participants	

“Nobody can afford to look around and to wait for somebody else to do what he is loath to do himself. But since nobody seems to know what to do, it might be worthwhile for each of us to ask himself whether by any chance his or her unconscious may know something that will help us.”
C.G. Jung (CW 18, par. 599)

Human-caused climate change has placed life on the planet in a precarious state. It is imperative we address this situation as soon as possible for the longer we wait, the more we commit future generations to great disruption. Yet there is great resistance to addressing this issue, especially within the United States. Jungian psychology provides a unique means to understand the problem of climate change for it recognizes the importance of the unconscious in our lives. In this presentation, I explore how the dynamics

of unconscious processes relate to climate change and how these processes provide pathways to addressing the problem. I consider further the current myths that lie at the root of our collective dissociation from nature and how these myths are intertwined with cultural complexes. The presentation concludes with a discussion of how to reconnect to the sacredness of Earth, which is essential to address the issue of climate change.

Jeffrey Kiehl, PhD, is a Diplomate Jungian Analyst and senior training analyst for the C.G. Jung Institute of Colorado and the Inter-Regional Society of Jungian Analysts. He is also an adjunct professor at the University of California, Santa Cruz and an adjunct faculty member of Pacifica Graduate Institute, where he teaches a course on Ecopsychology. He is the author of *Facing Climate Change: An Integrated Path to the Future*, which provides a Jungian perspective on climate change. His most recent articles include: A Tale of Two Cultures: Climate Change & American Complexes in *Cultural Complexes and the Soul of America: Myth, Psyche and Politics* and *Mandala as Portal to Healing* in ARAS *Connections*. Jeffrey has presented on various Jungian topics at national and international conferences. He lives in Santa Cruz, CA.

ONLINE VIA ZOOM. LIMITED TO 100 PARTICIPANTS.

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Seminar	David Pressault
<i>Jung at the Movies: "I Am Love"</i>	
Fri. Nov. 13	7-9pm
Online via Zoom.	

By viewing short excerpts of the film, *I Am Love*, we will consider what unconscious psychological dynamics are at work in this wealthy Italian family and how these are portrayed symbolically. Also, discussions on the different characters will be a helpful way to recognize and better understand certain Jungian concepts.
Required viewing before seminar:

Prior to this workshop we invite participants to watch Luca Guadagnino's film "I am Love" available for rent on iTunes.

Seminars	Jayson Wong
<i>Encountering the Tao in Jungian Psychotherapy</i>	
Sat. Nov. 14, Dec 5	10am-12:30pm
Online via Zoom.	

The Tao is elusive and evasive and yet it is always present and operates in a mysterious way, the way of "non-doing." It is said that by the way of "non-doing," nothing is left undone. In this course we will explore the way of non-doing in the context of Jungian psychology in general and Jungian analysis in particular. We will begin with a favourite story of Jung, the Rainmaker, in which the way of non-doing is beautifully expressed.

The course will examine the factors that facilitate the mysterious workings of the Tao; how the analyst and the analysand can best open themselves to the way of non-doing and encounter the Tao in the analytical process; as well as how Jungian psychotherapy lends itself naturally to the direct experience of the Tao in our current times.

In this series of online seminars, participants will be presented with selected passages not only from the Taoist texts, but also from the writings of Christian contemplatives, as well as the works of C.G. Jung.

MEMBERS AND NON MEMBERS: \$25 IN ADVANCE FOR EACH SESSION

Nov. 14

Dec. 5

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2021

Note: Until further notice, all lectures and seminars offered during 2021 will be [conducted online](#).

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Seminars **Margaret Meredith**
~~Conversations on the Journey~~
 Wed. Jan. 27, Feb. 24, 5:30-8pm
 Mar. 24, Apr. 28, May. 26

~~This reading and discussion group for members of the Jung Foundation continues with *Man and his Symbols*. The first meeting we will pick up with "The Process of Individuation" (p. 158), which we started last year.~~

~~Limited to 8 participants~~

SEMINARS CANCELLED - WILL BE RESCHEDULED

Seminars **Graham Jackson**
Working with Dreams
 Sat. Jan. 16, Feb. 13, 10am-12pm
 Mar. 13, Apr. 10, May 15 **Online via Zoom.**

We will consider Jung's theories of dream interpretation as we look at actual dreams. The compensatory nature of dreams, their symbolic content, common dream images, and questions from participants will be considered.

Attendance is mandatory for the first session.

MEMBERS AND NON MEMBERS: \$100 IN ADVANCE FOR ALL SEMINARS

Seminars
The Basic Principles of Analytical Psychology
 Sun. Jan. 17, Feb. 14, 10am-12:30pm
 Mar. 14, Apr. 11 **Online via Zoom.**

These four seminars have been rescheduled from last spring. Analysts will review Jung's revolutionary views of psychic functioning:

- | | |
|--|-----------------|
| 1. <i>Typology</i> Sun..Jan. 17 | Mary Tomlinson |
| 2. <i>Anima</i> Sun. Feb. 14 | Graham Jackson |
| 3. <i>Animus</i> Sun. Mar. 14 | Elisabeth Pomès |
| 4. <i>Self and Individuation</i> Sun.Apr. 11 | Jayson Wong |

MEMBERS: \$25 IN ADVANCE FOR EACH SEMINAR

NON MEMBERS: \$25 IN ADVANCE FOR EACH SEMINAR

Sun. Jan 17

Sun. Feb 14

Sun. Mar 14

Sun. Apr 11

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Lecture **John White**
Colonizing the American Psyche: Virtue, individuation, and consumer capitalism in the age of COVID
 Fri. Feb. 19 7-9:30pm
Online via Zoom. Limited to 100 participants

One of Jung's central contributions to our understanding of psychological life is the recognition that individual experiences are formed not only by individual psychology but also by collective unconscious psychological phenomena. I suggest that the primary collective unconscious factor which affects individual psychology in 21st century United States (and elsewhere to a lesser extent) is the implicit though ironclad commitment to consumer capitalism and to sets of social mores, laws, and assumed values designed to foster and protect consumer capitalism. I further suggest that this unconscious commitment

colonizes the individual psyche with habits, attitudes and values inimical to the pursuit of virtue and the individuation process. In this presentation, I discuss how unconscious collective assumptions regarding consumer capitalism demand and enforce unquestioned principles of thinking, feeling and acting, thereby “colonizing of the psyche.” I then discuss examples of this “colonization” often seen in analysis: e.g. expectation of immediate gratification, resentment toward others’ benefit, substitution of economic status for self-esteem, etc. Finally, I suggest ways to counteract this colonization in one’s own psyche, focusing on the ancient concept of “virtue.” I use the COVID crisis in the United States as a contemporary context for illustrating each of these points.

John R. White, Ph.D., is a Jungian psychoanalyst and mental health counselor. His original training was in philosophy, completing his philosophy doctorate at the International Academy of Philosophy in the Principality of Liechtenstein in 1993. In 2017, Dr. White graduated as a Jungian psychoanalyst from the Inter-Regional Society of Jungian Analysts. He is Coordinator of the C G Jung Institute Analyst Training Program in Pittsburgh, a member of the Pittsburgh Society of Jungian Analysts, and a Board member of the Pittsburgh Psychoanalytic Center, the training center for Freudian analysts in the Pittsburgh area. Dr. White has more than two dozen scholarly publications in philosophy and in psychoanalysis and has a book forthcoming, *Adaptation and Psychotherapy: Langs and Analytical Psychology*. He is currently a Scholar-in-residence at the Simon Silverman Phenomenology Center, Duquesne University, Pittsburgh..

MEMBERS: \$15 IN ADVANCE

NON MEMBERS: \$20 IN ADVANCE

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Seminar	Mitch Smolkin
<i>Jungian Concepts for a Desperate Time: The Shadow, Projection and the Tension of the Opposites</i>	
Sat. Mar. 20	2-4pm

[Online via Zoom.](#)

2020 ushered in an unprecedented global crisis, bringing with it a sense of helplessness that rivalled some of the most difficult periods in human history. The global pandemic gave way to protesting for racial equality in the United State with turnouts that rivalled the Civil Rights movement and the Vietnam War. 2021 began no different, with a violent siege on Capitol Hill that has shocked the world and confirmed that the cultural polarizations that defined 2020 are here for the foreseeable future. Jung himself lived through tumultuous times and was consulted about what he thought might happen. During the Cold War, he spoke about the need to hold the opposites to avoid a one sidedness that could lead to catastrophe.

In this online seminar, we will explore how consideration of the concepts of the shadow, projection and the tension of the opposites within ourselves, might contribute to a greater capacity to withstand the demands of such social, emotional and political instability that we have experienced as of late. These concepts will be explored in the context of Jung’s writing and thinking, with an eye towards the current context and how they might be understood with regard to more contemporary language such as vulnerability, affect regulation and the phylogeny of the human nervous system.

MEMBERS: \$20 IN ADVANCE. NON MEMBERS: \$20 IN ADVANCE

[Or register and pay by mail](#)

Lecture	Boshira Toomey
Artemis and the Artful Rowing through Same and Other	
Fri., Apr. 9	7-9pm

[Online via Zoom.](#)

Literature and psychology describe accumulative trauma, ego/self-splitting, and the “complementary relation of the unconscious toward consciousness.” Athenian Greece, Mozart, Montaigne, Shakespeare, and Analytical psychology will assist in reconciling opposing tendencies as preparation for marriage (Aphrodite) and childhood rites of passage (Artemis). A Greek myth of Same and Other (Jean-Pierre Vernant) comments on the destabilizing forces of a literary transgressive affair, delusion, magical thinking, derealization, and emotional disorder. William Faulkner’s individuation process recounts a *coniunctio* of shattering forces and ingenuity.

MEMBERS: \$15 IN ADVANCE

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NON MEMBERS: \$20 IN ADVANCE

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Seminar **Robert Gardner**
Solaris: Exploring an Alien World
 Sat. Apr. 17 [Online via Zoom.](#) 10-12:30

Kris Kelvin is a psychologist who is sent on a mission to a Russian space station on Solaris, an oceanic planet. His task is to investigate the strange experiences reported by the resident scientists and to recommend whether the scientific mission should in fact be abandoned.

However, Kris finds he, too, has similar experiences of the irrational which challenge the very limits of his understanding. By submitting to them, while simultaneously struggling to make sense of them, these experiences ultimately help him find a new way of being in the world.

Solaris (Dir. Andrei Tarkovsky in 1972) is based on the sci-fi novel of the same name by Stanislaw Lem. It is readily available through iTunes. Participants are required to have seen the movie beforehand. (Please do not confuse with the movie *Solaris* by Stephen Soderberg in 2002.)

Limited to 12 participants

MEMBERS: \$25 IN ADVANCE

NON MEMBERS: \$25 IN ADVANCE

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Seminar **Mary Tomlinson**
Living the Symbolic Life
 Sun. May. 16 [Online via Zoom.](#) 10am-12.30pm

“With the birth of the symbol, the regression of the libido into the unconscious ceases... the blockage starts to flow again.” (Jung: *Collected Works* 6, p. 445)

Jung’s concept of ‘symbol’ lies throughout his *Collected Works*. It is the core component of his ‘transcendent function’, a dynamic which brings about true change within us, via the messaging off the unconscious. Symbol is what happens to us at the crossroads, and we can either heed or repress its pull; we can either accept the numinous into our lives, or we can choose the safe patterns that have always kept us on the straight and narrow. This seminar is about discovering what’s important to us in our unique existence and by extension the fundamental nature of identity.

MEMBERS: \$25 IN ADVANCE

NON MEMBERS: \$25 IN ADVANCE

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Discussion Group **Margaret Meredith & Schuyler Brown**
Jung and Spirituality Group
Suspended due to 15 Walmer Rd., Apt. 807
Covid-19. Dates to be
arranged
 6:30-8pm

Reading and discussion of Jung’s *Red Book* continues.

Free for members only-no new participants accepted at this time. Current participants will be contacted when course resumes.

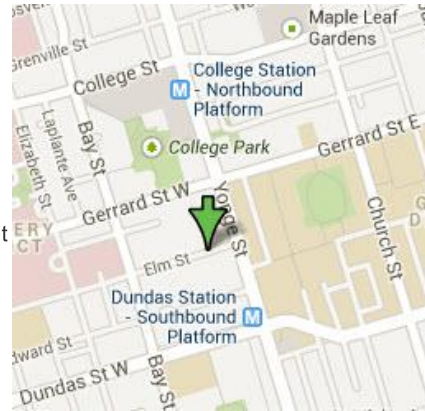
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LOCATIONS AND MAPS

Arts & Letters Club:

Board Room, Studio, Lamps Room, 14 Elm St.:

- Enter north side of Elm Street
- Nearest subway stop: Dundas station at Yonge
- Limited parking on both sides of Elm Street.
- Greeters will direct you to the correct event space



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